**Transition work for A Level PE**

**Sports Profile Project**

Throughout your A level PE course having examples that you can apply to the theoretical topic that we are learning is a great help. This task will help you with that. Think A level, think depth and detail!

**Task 1:  Start date 8th June. Deadline 19th June (two weeks)**

* Choose your favourite famous sports person or one that you’ll be interested in learning about. Find out everything you can about their sporting life. Present your findings in a report/information sheet. Please don’t just copy lots of pages from the internet!

Areas that you may wish to research include but are not restricted to:

Background (Examples - Age, where are they from? Did their parents play sports?)

Talent ID (How were they ‘spotted’?)

Route to elite level (how did they progress to the elite level?)

Elite level support (What sport science support do they receive? Biomechanics, Physio etc).

Diet (their current diet in and out of competition, supplements?)

**Task 2: Start date 22ndJune. Deadline 10th July (3 weeks)**

Fitness levels (VO2 max, top speed, in game statistics)

Training (the training type and frequency they do in and out of competition)

Sponsors/Wages (Who sponsors them, how much do they get paid?)

Personality (what type of personality are they?)

Deviance (have they been involved with any controversy?)

These are just some examples of what you may wish to include. Don’t worry if you can’t find all of the information and please add any additional information that you can find.

If you need any help email warrilow.k@kevi.org.uk or gibbs.d@kevi.org.uk

We look forward to working with you next year, A level PE is a great course.

* Please hand task 1 to Mr Warrilow by the deadline 19th June
* Please hand task 1 to Mr Warrilow by the deadline 10th July