**Health & Social Care Transition Challenge Guidance Document 2020**

**Part A**

1. **Key terms**:

* Primary healthcare
* Secondary healthcare
* Tertiary healthcare
* Growth
* Development
* Attachment
* Self esteem
* Self-image
* Confidentiality
* Respite care
* Rehabilitation
* Empowerment
* Accountability
* Commissioning
* Multi-disciplinary working
* Whistleblowing
* Occupational standards
* Equality
* Diversity
* Empathy
* Candour
* Duty of care
* Discrimination
* Stereotype
* Vulnerable
* Epidemiology
* Anatomy
* Physiology
* Patho physiology

1. **NHS**

<http://www.nhshistory.net/shorthistory.htm>

<https://www.staffordshire.gov.uk/Care-for-all-ages/Health-and-wellbeing-board/Health-and-wellbeing-strategy-2015-2020.aspx>

<https://www.staffordsurroundsccg.nhs.uk/>

1. **Case study**:

Mrs Green is 75 and lives with Type 2 diabetes. She was diagnosed last year after months of feeling tired, thirsty and needing to wee a lot. She has a Body Mass Index (BMI) of 32 and does little exercise.

<https://www.nutrition.org.uk/healthyliving/healthydiet/eatwellvideo.html> (video)

<https://www.diabetes.org.uk/guide-to-diabetes/enjoy-food/eating-with-diabetes/what-is-a-healthy-balanced-diet>

<https://www.diabetes.org.uk/?gclid=Cj0KCQjw2PP1BRCiARIsAEqv-pQ4VwRbEj-O1vN_LyC9Eqz3_9iP-CN_D-xA20FGyQKpL1c7b4E7IC4aAi-ZEALw_wcB>

**Part B**

1. **Impact of Coronavirus Covid 19 on the NHS**

<https://www.ifs.org.uk/publications/14798>

1. **Case study Mrs Smith:**

Mrs Smith is 85 and a new resident at Happy Days Elderly Care Home. She has limited mobility and uses a walking aid. Mrs Smith needs assistance with personal care; she cannot get in and out of the bath by herself. As a devout Catholic, Mrs Smith likes to attend mass twice a week and eat fish on a Friday.

**Legislation:**

Equality Act

<https://www.ageuk.org.uk/information-advice/work-learning/discrimination-rights/the-equality-act/>

Manual Handling Regulations

<https://www.hse.gov.uk/msd/backpain/employers/mhor.htm>

Data Protection Act

<https://www.scie.org.uk/publications/guides/guide15/legislation/otherlegislation/informationlegislation.asp>

**4.. Mary Ainsworth**

<https://www.simplypsychology.org/mary-ainsworth.html>

1. **Careers**

<https://www.healthcareers.nhs.uk/explore-roles>

<https://www.ucas.com/>